

Lent in the Catholic Parish of All Saints Newport

“Lent is the time to rediscover the direction of life. Because in life’s journey, as in every journey, what really matters is not to lose sight of the goal”

~ Pope Francis ~

Lenten Alms

The Lenten Alms are the traditional way in which the body of the Church works together in sacrifice for the aid of the poor and less fortunate. Our Alms contributions this year will go toward the Diocesan Refugee project assisting the Diocese in the rehoming of refugees who come to Wales. As per the announcements on our noticeboards last weekend, Newport will be coming to the aid of another refugee family as we prepare to welcome a young, exiled, Iraqi Catholic family into the presbytery at St. Gabriel’s, Ringland.

The Sacrament of Reconciliation

As well as the usual opportunity to experience the mercy of the Lord in the Sacrament of Reconciliation, during the season of Lent, at St. Mary’s, a priest will be available to hear Confessions between 09:00am to 09:45am, Monday to Friday.

During the weekday, in the other churches around the parish, the sacrament of Reconciliation is available half an hour before the evening Mass (6:30pm), for twenty minutes.

The Sacrament of Reconciliation will be available at St. Mary’s between 10:30am and 4:30pm on **Saturday, 13th April**. There will be Exposition of the Blessed Sacrament throughout the day; an opportunity to spend time with the Lord in the immediate lead-up to the Easter season.



In Pope Francis’ *The Joy of the Gospel*, the Holy Father said: “*the Church must be a place of mercy freely given*”. During the season of Lent, throughout the churches in the parish, a priest will be available at a set time, and will be available to experience the mercy of the Lord in the Sacrament of Reconciliation. *The Light is on For You* will take place on **Mondays** in Lent between **6:00pm and 8:00pm**. Exposition of the Blessed Sacrament

will take place during this time. Locations throughout the parish will be:

St. Michael’s Church, Pillgwenlly & St. Julius the Martyr Church on **Monday, 18th March 2019**

St. Anne’s Church, Malpas & St. Gabriel’s Church, Ringland on **Monday, 25th March 2019**

Ss. Basil & Gwladys Church, Rogerstone & St. David’s Church, Maesglas on **Monday, 1st April 2019**

St. David Lewis, Bettws & Ss. Julius, Aaron & David, Caerleon on **Monday, 8th April 2019**

Lenten Study Group – *The Eucharist: the source and summit of the Christian Life*

The Eucharist is the ‘*source and summit of the Christian life*’, which is why our attendance and participation at Mass is so vital for the life of faith. But, for many of us, we do not truly appreciate or understand what it is we come to when we come to Mass. We can get lost in the words, and wonder about our actions. So come along and discover the depth and richness of the Mass as we study our central action over three weeks.

There will be two opportunities to participate in the study group: **Fridays: 2:00pm at St. Mary’s Institute**, and then repeated on **Fridays at St. David’s, after the evening Mass**.

Week One – Friday, 15th March – Preparing to encounter: the Introductory Rites

Week Two – Friday, 22nd March – Heart speaks to heart: the Liturgy of the Word

Week Three – Friday, 29th March – The supreme encounter: the Liturgy of the Eucharist

Station Mass



The “Station Mass” originated in Rome under the auspices of Pope Gregory the Great (590-604). The Bishop of Rome would make a daily pilgrimage to one of the forty churches in Rome dedicated to the memory of the martyrs and saints. Pilgrims would walk in the footsteps of the saints and join the Pope in a penitential exercise before celebrating Mass at each “stopping place “ or “station”. In doing so, they were also following the example of Jesus who went out into the desert and fasted for forty days and forty nights in preparation for his mission. It is this “journey” which forms the spiritual background to the forty days of Lent and the journey each of us has to make into the desert of our own hearts and lives.

Archbishop George Stack will lead the deanery Station Mass at St. David’s Church, Maesglas, on **Wednesday, 27th March 2019**, beginning at **7:00pm**.

Stations of the Cross

In the Stations of the Cross, we are witness to Jesus’ Passion and Death. There will be opportunities to journey with Our Lord throughout the parish.

There will be Stations of the Cross at:

Ss. Basil & Gwladys	Tuesday	6.30 pm
St. Michael’s	Thursday	7:00 pm
St. Mary’s	Friday Following	10.00am Mass 7:00 pm
Ss. Julius, Aaron and David	Friday	10.00 am
St. David	Friday	6:30pm
St. Anne’s	Friday	11.15 am
St. David Lewis	During <i>Friday Devotions</i> & Saturday	4.30 pm