



Welcome to Belmont Abbey for

# A Grand Day Out

The Provincial  
Pilgrimage of Faith and Fun  
for Grandparents  
and their Families

**Saturday 16th July, 2016**



ARCHDIOCESE  
of CARDIFF  
1916-2016



# Welcome..

...EVERYONE to the first Welsh Provincial Grandparents Pilgrimage and to Belmont Abbey. We hope this will be a day of faith and fun together; including a Rosary procession, exposition, reconciliation, and visits to the Holy Door of Mercy, face painting, bouncy castles, prayer balloons, sports, and more!

It is hoped that today will provide grandparents the opportunity to share their faith with their grandchildren and families in a fun and relaxed environment; no pressure, no obligation just families sharing a day together and celebrating the roles of Grandparents in our families today.

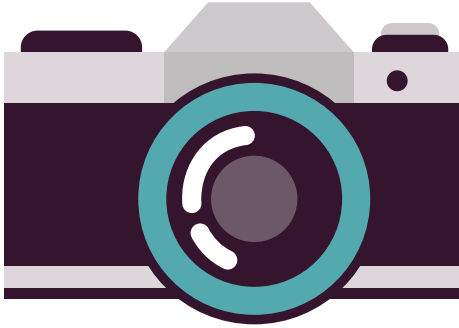
## **Our main aim is to celebrate our Grandparents and the role they play in our families by having 'A Grand Day Out' together.**

In many families grandparents are playing a more significant role; helping with childcare, providing stability in fractured families and passing on the faith. The current generation of grandparents has a wealth of knowledge and experience.

It is important to recognise that families come in all shapes & sizes and each one is unique, no two families are ever the same. Therefore the ways of supporting and the involvement of grandparents will vary from family to family.

There are individuals and families here today from across the three Welsh Dioceses and beyond; Arundel & Brighton, Birmingham, Clifton, Northampton, Norwich, Shrewsbury and maybe others.





## PHOTOGRAPHS AND VIDEO

There will be photographs and short video clips taken during the day by designated photographers who can be identified by the green vests.

These may be used on the Diocesan Websites of the Archdiocese of Cardiff and Dioceses of Menevia & Wrexham, in Diocesan publications and in the Catholic Bishops of England and Wales Marriage and Family Life Project Office publications and their website.

No one will be identified by name in any of these publications.

If you do not want your image or that of any of your family used in this way please identify yourself to the photographers or the event organisers.

We are not responsible for images taken by any other photographer during this event.

## SAFEGUARDING

Children must be supervised at all times by their own family adult members or accompanying adults.

## PICNICS

You are welcome to picnic in the Abbey or Lodge gardens and there are picnic tables throughout the grounds; however you are asked to do so respectfully, ensuring all litter is disposed of appropriately or taken home with you please.



# Programme of events

(Locations shown on map on back cover)

<b>TIME</b>		<b>EVENT</b>	<b>LOCATION</b>
From	To		
11am	11.15am	<b>Welcome</b>	Front lawn
11.15 am	2.30pm	<b>Faith &amp; Fun Activities</b>	as below
<b>FAITH</b>			
12 noon	2 pm	<b>Exposition of the Blessed Sacrament</b>	East End of Abbey
12 noon	2 pm	<b>Sacrament of Reconciliation</b> traditional screened only screened or Face to Face screened or Face to Face Face to Face only	Confessional St Benedict's Chapel North Porch St Joseph's Chapel
12 noon 1 pm 2 pm	12.15 pm 1.15 pm 2.15 pm	) ) <b>Visit to Holy Door</b> )	South Door, Abbey
11 am	2.30 pm	<b>Quiet Prayer &amp; Prayer Boards</b>	Oratory
12.00	1.00pm	<b>Creation of altar cloth by children</b>	Front lawn
1.30 pm	2.15 pm	<b>Rosary Procession</b>	West Door, Abbey
<b>TALKS</b>			
12 noon	12.20pm	<b>Family Groups</b> Help to Build Welcoming, Family Friendly Parishes Dave Allen & Chris Robertson, Nat. Steering Group	John Kemble Room Hedley Lodge
1.00 pm	1.20pm	<b>Grandparents Groups</b> Find out how these can support those in your own Parish/Deanery Mike & Christine Evans, A & B Diocese	John Kemble Room Hedley Lodge

# Programme of events

(Locations shown on map on back cover)

<b>TIME</b>		<b>EVENT</b>	<b>LOCATION</b>
From	To		
<b>FUN</b>			
11.30am	2.30pm	<b>Prayer Balloons</b> Balloons will be released after Mass	Front lawn
11.30am	2.30pm	<b>Bouncy Castle</b> (Supervised)	Front lawn
11.30am	2.30pm	<b>Face Painting</b>	Front lawn
11.30am	12.15pm	Sports Games	Front lawn
<b>REFRESHMENTS</b>			
11 am	2.15 pm	<b>Ice-creams</b>	Front lawn
11 am	2.15 pm	<b>Snacks, Hot &amp; cold drinks</b>	Refectory, Hedley Lodge
<b>CONCLUDING CELEBRATION</b>			
3.00pm		<b>Mass</b>	Abbey
Main Celebrant		Archbishop George Stack	Archdiocese of Cardiff
Concelebrants		Bishop Tom Burns Bishop Peter Bignall Fr Nicholas Wetz	Diocese of Menevia Diocese of Wrexham Belmont Abbey
4 pm		<b>Release of Prayer Balloons</b>	Front lawns



# Special activities on the front lawns

## PRAYER BALLOONS



You are all invited to write a prayer on a helium balloon

The balloons will be released collectively at the end of the day!

## ALTAR CLOTH



Every family is invited to help create a unique altar cloth to commemorate today's event.

Please do come and add you family's mark!



# Abbey themes Activities

Fun for all in the parish centre

QUIZZES

JIGSAWS

MODEL BUILDINGS

BRASS RUBBINGS



# Welcome

Prior Very Rev Dom Nicholas Wetz.

## PRAYER FOR GRANDPARENTS

Lord Jesus,  
you were born of the Virgin Mary,  
the daughter of Saints Joachim and Anne.  
Look with love on grandparents the world over.  
Protect them! They are a source of enrichment  
for families, for the Church and for all of society.  
Support them! As they grow older,  
may they continue to be for their families  
strong pillars of Gospel faith,  
guardians of noble domestic ideals,  
living treasuries of sound religious traditions.  
Make them teachers of wisdom and courage,  
that they may pass on to future generations the fruits  
of their mature human and spiritual experience.

Lord Jesus,  
help families and society  
to value the presence and roles of grandparents.  
May they never be ignored or excluded,  
but always encounter respect and love.  
Help them to live serenely and to feel welcomed  
in all the years of life which you give them.  
Mary, Mother of all the living,  
keep grandparents constantly in your care,  
accompany them on their earthly pilgrimage,  
and by your prayers, grant that all families  
may one day be reunited in our heavenly homeland,  
where you await all humanity  
for the great embrace of life without end. Amen!

The Lord's Prayer and Blessing for a wonderful day.





# Rosary procession

1.30pm **Gather outside the West Doors**

## The Joyful Mysteries ...

### 1st The Annunciation

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As I kneel before you,  
As I bow my head in prayer,  
Take this day, make it yours,  
And fill me with your love.  
Ave Maria, gratia plena, Dominus  
tecum, benedicta tu.

### 2nd The Visitation

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All I have I give you ,  
Every dream and wish are yours;  
Mother of Christ, mother of mine,  
Present them to my Lord.  
Ave Maria, gratia plena, Dominus  
tecum, benedicta tu.

### 3rd The Nativity

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As I kneel before you,  
and I see your smiling face,  
Every thought,  
Ev'ry word, is lost in your embrace  
Ave Maria, gratia plena, Dominus  
tecum, benedicta tu.

### 4th The Presentation

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As I kneel before you,  
As I bow my head in prayer,  
Take this day, make it yours,  
And fill me with your love.  
Ave Maria, gratia plena, Dominus  
tecum, benedicta tu.

### 5th The Finding of Jesus in the Temple

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# Liturgy for Mass

Prior Very Rev Dom Nicholas Wetz.

## Entrance Hymn: Love divine, all loves excelling

Love divine, all loves excelling,  
joy of heaven, to earth come down,  
fix in us thy humble dwelling,  
all thy faithful mercies crown.  
Jesus, thou art all compassion,  
pure, unbounded love thou art;  
visit us with thy salvation,  
enter every trembling heart.

Come, almighty to deliver,  
let us all thy life receive;  
suddenly return, and never,  
nevermore thy temples leave.  
Thee we would be always blessing,  
serve thee as thy hosts above,  
pray, and praise thee without ceasing,  
glory in thy perfect love.

Finish then thy new creation;  
pure and spotless let us be;  
let us see thy great salvation  
perfectly restored in thee:  
changed from glory into glory,  
till in heaven we take our place,  
till we cast our crowns before thee,  
lost in wonder, love, and praise

## **Penitential Act**

## **Opening Prayer**

## **First Reading**

Ezekiel 17: 22-24

## **Responsorial Psalm**

Psalm 127; In Praise of God's goodness.

## **Response**

Blessed are those who fear the Lord

## **Second Reading**

1 Corinthians 12: 12-30

## **Gospel Acclamation**

Alleluia, alleluia!  
Open our heart, O Lord,  
To accept the words of our Son  
Alleluia

## **Gospel Acclamation**

Mark 4: 26-29 Parable of the growing seed

## **Homily**

Archbishop of Cardiff

## **Prayer of the faithful**

## **Offertory**

Collection for the Monks of Belmont  
Procession: Family of Past Pupil of Belmont

## **Offertory Hymn**

Praise to the Lord, the Almighty, the King of creation!

## **Responsorial Psalm**

Psalm 127; In Praise of God's goodness.

Praise to the Lord, the Almighty, the King of creation!  
O my soul, praise Him, for He is your health and salvation!

All you who hear, now to His temple draw near;  
Join in profound adoration.

Praise to the Lord, let us offer our gifts at his alter  
Let not our sins and transgressions now cause us to falter.

Christ the High Priest, bids us all join in his feast,  
Gathered with him at the altar.

Praise to the Lord, who will prosper our work and defend us;  
Surely His goodness and mercy here daily attend us.

Ponder anew all the Almighty can do,  
He who with love will befriend us.

Praise to the Lord, O let all that is in us adore Him!  
All that has life and breath, come now in praises before Him.

Let the Amen sound from His people again,  
Now as we worship before him.

## **Liturgy of the Eucharist**

### **The Communion Rite**

### **Holy Communion**

Those who are not able to receive Holy Communion for any reason are invited and welcome to come forward for a blessing; please indicate this to the Eucharistic Minister by folding your arms across your chest.

Music during Communion is provided by students of  
St. Mary's High School, Hereford

## Recessional Hymn

Praise my soul the King of heaven

Praise, my soul, the King of heaven;  
to his feet thy tribute bring.  
Ransomed, healed, restored, forgiven,  
Who like me, his praises sing.  
Praise him! Praise him (2)  
Praise the everlasting King!

Praise him for his grace and favor  
to our fathers in distress.  
Praise him, still the same as ever,  
slow to chide, and swift to bless.  
Praise him! Praise him (2)  
Glorious in his faithfulness!

Father like he tends and spares us;  
well our feeble frame he knows.  
In his hand he gently bears us,  
rescues us from all our foes.  
Praise him! Praise him (2)  
Widely as his mercy flows!

Angels, help us to adore him;  
you behold him face to face.  
Sun and moon, bow down before him,  
dwellers all in time and space.  
Praise him! Praise him (2)  
Praise with us the God of grace!

### ACKNOWLEDGEMENTS

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# Many Thanks

Today's event is the result of many months of planning by the Diocesan Marriage & Family Life Workers supported in no small part by the contributions of the volunteers of the Cardiff and Wrexham Diocesan M&FL Commissions.

We would also like to thank;

- St. Mary's RC High School & St Francis Xavier's RC Primary Schools in Hereford for their support and contributions today.
- Our Sponsors for their financial support:

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## **Archdiocese of Cardiff's**

Adult Religious Education Fund



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## **Egan Waste Services**

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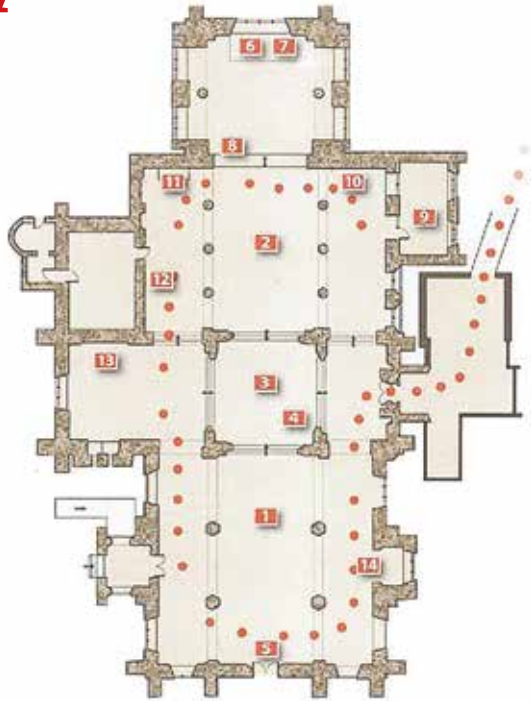


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- Extra special thanks go to the Abbot, Prior and Monks of Belmont Abbey, Staff of Hedley Lodge and parishioners of Belmont Parish; Without whose generous support and guidance this event would not have been possible.

# Belmont Abbey

## Guide to Abbey Church

- 1** The Nave
- 2** The Monastic Choir
- 3** The Altar of God
- 4** The Sanctuary
- 5** The Great West Window
- 6** The East Window
- 7** The Angel Reredos
- 8** The Eagle Lectern
- 9** Sant Benedict's Chapel
- 10** The Lady Chapel
- 11** St Joseph's Chapel
- 12** The Organ
- 13** The North Transept
- 14** The Memorial Altar



## Faith activities taking place throughout the day in and around the Abbey

<b>Exposition</b> East End of Abbey	12 noon till 2pm (6&7 on this map)	
<b>Reconciliation</b> Confessional St Benedict's Chapel North Porch St Joseph's Chapel	12 noon till 2pm (13 on this map/ 5 on abbey leaflet) (9 on this map & Abbey leaflet) (D on Abbey leaflet) (11 on this map/6 on Abbey leaflet)	Rota of priests Traditional screened only Screened or Face to Face Screened or Face to Face Face to Face only
<b>Holy Door</b> South Door	12 noon, 1pm & 2pm	15 mins sessions
<b>Rosary Procession</b> Starting at the West door and then around the formal gardens	1.30pm till 2.15pm	

# Belmont Abbey

